

THE GREAT OUTDOORS *in the North East*



Top picks for family walks & days out outdoors
 • Parks • Gardens • Woodland
 • Beaches • Nature Reserves

GATESHEAD

- Saltwell Park
- Chase Park
- Watergate Forest Park
- Derwenthaugh Country Park
- Thornley Woods
- Chopwell Woods 
- Dunston Staithes Riverside
- Ryton Willows Nature Reserve
- Hedley Hall
- Gibside* (National Trust-NT)

NEWCASTLE

- Jesmond Dene 
- Exhibition Park
- Paddy Freeman's Park
- Leazes Park
- Heaton Park
- Gosforth Central Park
- Tyne Riverside Park
- Ouseburn Riverside
- Big Waters Nature Reserve
- Havannah & Three Hills Nature Reserve 

NORTH TYNESIDE

- Rising Sun Country Park
- Shiremoor Adventure Playground
- Richardson Dees Park
- Marden Quarry Park
- Weetslade Country Park
- Northumberland Park
- Whitley Bay Beach
- Cullercoats Beach
- Tynemouth Beach 
- King Edwards Bay



NORTHUMBERLAND

- Plessey Woods
- Ridley Park 
- Northumberlandia
- Ingram Valley
- Kielder Water & Forest Park
- Bolam Lake Country Park
- The Alnwick Garden*
- Sycamore Gap (NT)
- Wallington* (NT) 
- Cragside Estate* (NT)

DURHAM

- Hamsterley Forest
- Hardwick Park 
- Wharton Park
- Chester-le-St Riverside Park
- Allensford Country Park
- Derwent Waterside Park 
- Causey Arch
- Raby Castle & Gardens*
- Seaham Beach
- Seaton Carew Beach

SUNDERLAND

- Herrington Country Park
- Barnes Park 
- Mowbray Park
- Roker Park
- Hetton Lyons Country Park
- Rainton Meadows Nature Reserve
- WWT Washington Wetland Centre*
- Washington Old Hall* (NT)
- Roker Beach 
- Seaburn Beach

SOUTH TYNESIDE

- Marine Park
- Cleadon Hills Nature Reserve
- Whitburn Point Nature Reserve
- Hebburn Riverside Park
- Marsden Old Quarry Nature Reserve
- Jarrow Hall*
- Sandhaven Beach 
- Littlehaven Beach
- Marsden Bay
- The Leas & Souter Lighthouse

ADD YOUR FAVOURITES

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Most of these lovely places are free to visit - apart from those with an asterisk (). Please check directly with venues for the latest updates, parking charges and opening times. For more info, links & a handy map, visit Gateshead Mumbler*



Find more ideas for family-friendly days out & events on www.gateshead.mumbler.co.uk