

# The Great Outdoors in the North East




- Parks • Gardens
- Woodland • Beaches
- Nature Reserves

## Gateshead

- Saltwell Park
- Chase Park  
- Watergate Forest Park
- Derwenthaugh Country Park
- Thornley Woods
- Chopwell Woods
- Dunston Staithes Riverside
- Ryton Willows Nature Reserve
- Hedley Hall
- Gibside (NT)  




## Newcastle

- Jesmond Dene
- Exhibition Park
- Paddy Freeman's Park
- Leazes Park
- Heaton Park  
- Gosforth Central Park
- Tyne Riverside Park
- Ouseburn Riverside
- Big Waters Nature Reserve
- Havannah & Three Hills Nature Reserve

## North Tyneside

- Rising Sun Country Park
- Shiremoor Adventure Playground
- Richardson Dees Park
- Marden Quarry Park
- Weetslade Country Park
- Northumberland Park
- Whitley Bay Beach
- Cullercoats Beach  
- Tynemouth Beach
- King Edwards Bay

## Northumberland

- Plessey Woods
- Ridley Park  
- Northumberlandia
- Ingram Valley
- Kielder Water & Forest Park
- Bolam Lake Country Park
- The Alnwick Garden  
- Sycamore Gap (NT)
- Wallington (NT)  
- Cragside Estate (NT)  

## Durham

- Hamsterley Forest
- Hardwick Park  
- Wharton Park
- Chester-le-St Riverside Park
- Allensford Country Park
- Derwent Waterside Park
- Causey Arch
- Raby Castle & Gardens  
- Seaham Beach
- Seaton Carew Beach

## Sunderland


- Herrington Country Park
- Barnes Park
- Mowbray Park  
- Roker Park
- Hetton Lyons Country Park
- Rainton Meadows Nature Reserve
- WWT Washington Wetland Centre  
- Washington Old Hall (NT)  
- Roker Beach
- Seaburn Beach

## South Tyneside

- Marine Park
- Cleadon Hills Nature Reserve
- Whitburn Point Nature Reserve
- Hebburn Riverside Park
- Marsden Old Quarry Nature Reserve
- Jarrow Hall  
- Sandhaven Beach  
- Littlehaven Beach
- Marsden Bay
- The Leas & Souter Lighthouse

## Add your favourites!

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Please check directly with the venue for the latest updates on safety measures in place and facilities open. Most destinations are free (although parking charges may apply), however  denotes a ticket must be purchased, usually in advance (NT = National Trust).



Find more ideas for family-friendly days out & events on [www.gateshead.mumbler.co.uk](http://www.gateshead.mumbler.co.uk)